

A parasite is attacking the eyes of millions of people:

By: Univision

Barbara Bermudo (Anchor): A parasite is attacking the eyes of millions of people, and you without knowing could be one of them. But, as Pula Rosado tells us directly from Los Angeles, a new treatment could be the solution to battle it. Let's check it out.

Paula Mercado: They are symptoms which should not be ignored. Irritation to the eyes, redness of the lids and the accumulation of "dandruff" on the eyelashes. Probably the cause to this is a microorganism known as Demodex.

Dr. Rene' Stevens (Ophthalmologist, Vision Center): When bacteria grows without control there is a toxic effect. That is when you notice irritation in the eyes, dryness, redness, swelling of the lids, and much itchiness.

Evidence of Demodex, is when you have cylindrical scabs around the base of the lashes. The scab as far we know are problematic with the oil levels.

Paula Mercado: In this animation we see the deposits of the secretions at the base of the lashes mainly recognized as crusting around the eyes. There live the Demodex which are a type of mite/ spiderlike organism which blind to the human eye.

What is obvious, is the condition that the blepharitis causes.

Dr. Stevens: It's a microscopic organism that multiplies and adds to inflammation.

Paula Mercado: this condition and Demodex go hand in hand.

At her 70 years of age, Mrs. Rosa Mendoza lived buying eye drops at the pharmacy without any relieve. Due to the irritation and chronic discomfort in her eyes without knowing of her condition.

Rosa Mendoza: sitting or stepping outside especially when the wind was blowing is when I would feel even more uncomfortable, which is why I would carry heavy dark glasses.

Paula Mercado: Demodex and blepharitis affect mainly elderly patients whose eyes don't have the same capacity to create the tears needed towards lubricating the eyes.

A month ago Mrs. Rosa started a treatment in the clinic of Dr. Rene' Stevens, using Avenova a solution made to disinfect lids and lashes, in order to avoid the accumulation of bacteria in the eyes.

Rosa Mendoza: Yes, there is a big difference, I no longer find myself scratching my eyes nor are they red or irritated. This (Avenova) had really helped.

Paula Mercado: Aside from the product there are simple recommendations that can help contain the infection. If you have the symptoms, don't use eye makeup and or avoid sleeping with make up on, maintain skin clean using soaps that contain tea tree, as these have an antiseptic benefits. Check your pets, change your sheets, and pillow cases.

This inflammation of the eye is so chronic that without proper care these conditions are capable of coming back. That is why we suggest the upmost care as well as a daily dose of omega-3 and the use of an eye cleanser prior to bed.